

Video Visit

Lactation Consultations



For the safety of new moms, babies, families and our staff during the current COVID-19 pandemic, Yale New Haven Hospital has transitioned in-person lactation consultations to Video Visits.

With a Video Visit, you can have a one-to-one consultation with a board-certified advance practice lactation consultant in the comfort and safety of your home, using your smartphone or tablet.

You can feel confident that our expert team can help you with breastfeeding related issues including:

- Poor infant weight gain
- Latching difficulties
- Low milk supply
- Sore/cracked nipples
- Mastitis
- Over supply

What you need for your Video Visit:

- A smartphone or tablet with sound and microphone access
- An active MyChart account and the app downloaded to your device
- Good lighting, preferably in front of you if possible
- Your baby
- Support person (is welcome, encouraged to participate and is helpful in aiming the camera)
- Breast pump and parts

Most insurance plans are accepted.

For more information or to schedule a Video Visit appointment, call 203-688-3840 and choose option #4.

ynhh.org